Applicant: April Tester
Application ID:
HPI-2025-04619
Form: Letter of Intent
Competition: 2025 Health
Professional-Investigator
Competition

Prefix: Dr.

First Name: April

Middle Name:

Last Name: Tester

Personal Pronouns

Note: We will share this information with reviewers as they complete written reviews and for discussion in the review meetings. If you would prefer not to answer, reviewers will be asked to use they/them/theirs. Examples: He/Him/His; She/Her/Hers; Ze/Hir/Hirs; They/Them/Theirs; Just my name please; Prefer not to answer; Other (please specify)

She/her

Organization Affiliations

This section will be pre-populated from your contact profile

Please list ALL the organizations that you are affiliated with.

Organization	Department	Job Position
Health Research BC-DO NOT USE	Research Competitions	Assistant Professor

Host Institution

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Host Institution

> The Host Institution is the institution that approves your online application package and financially administers your award funds.
>
> To select your Host Institution, begin typing the institution name in the box below, then select the correct institution when it appears as an option. To view a complete list of eligible Host Institutions, click here.

HEALTH RESEARCH BC-DO NOT USE

Department

> Please enter the name of the department where your appointment is/will be located.

Family Practice

Position

> Please enter the position you will hold for the duration of the award.

Clinical Professor

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Applicant Expertise and Experience

Information for the Clinical Training and Research Degrees and the Employment History tables are automatically populated from your contact profile. If these tables are blank, you can access your contact profile to make any required updates by **clicking here**. You must submit your contact profile again to be able to have the data appear in your application form. You may adjust the size of the text boxes on the screen by dragging the bottom right-hand corner of the box. Please note that this does **not** affect the maximum character count.

Clinical Training and Research Degrees

Information in the Clinical Training and Research Degrees table is automatically populated from your contact profile. Please complete this prior to submitting your letter of intent.

Month	Year	Degree	Institution	Area of Study
June	2010	BSc	University of Victoria	Biology
June	2015	MD	University of British Columbia	

Employment History

Information in the Employment History table is automatically populated from your contact profile. Please complete this prior to submitting your letter of intent.

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Month	Year	Position	Department or Faculty	Organization	Full Time/Part Time/Unsalaried
July	2015	Physician	Surrey Memorial Hospital	Fraser Health Authority	Full Time

Are you a health professional currently engaged in active clinical service?

Yes

Name of health profession (from contact profile): Physician

How long have you been in clinical practice (in years)?

Please exclude career interruptions (e.g. full time clinical or research training, parental or caregiving leaves).

Character limit: 50 characters

Role as a Health Professional

Describe how your role as a health professional allows you to make clinical judgments or clinical decisions that directly impact patients or clinical care.

Character limit: 500 characters

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Health Professional Stream

Applications from physicians and allied health professionals will be evaluated independently from one another. If you are a physician or surgeon, please select **Physician Stream**. If you are an allied health professional, please select **Allied Health Stream**.

For more information on these two application streams and which one to select, please refer to Section 4, HP-I Streams Eligibility Criteria, in the 2024 Scholar & HP-I Competition Guidelines.

Physician stream

Date of First Research Appointment

Enter the date of the first appointment that you held/hold or anticipate receiving in your career that allowed you, or will allow you, to:

- apply for and hold research funding

- engage in independent research activities, and

- publish your research results.

If you had a role that technically allowed you to conduct independent research that is different that when your active research career began, you may enter the date you think best represents the beginning of your career as an independent investigator.

07/01/2020

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Have you experienced any career interruptions?

New for 2025. Health Research BC has adjusted the eligibility calculation process to align with the Tri-Agency policy on leave credits for early career researchers:

- The following career interruptions will be considered by the peer review panel to have an effect on research productivity of twice the amount of time taken: parental, medical, care-taking and bereavement leaves. For example, for a parental leave of 6 months, the applicant's career will be considered to have been affected for 12 months.

- Other career interruptions will be considered equal to the amount of time taken. This includes all interruptions related to career development, such as residency training, clinical licensing, time spent in a non-research-related position, etc.

  This section should only include situations that caused a **complete stop** in your career. These career interruptions will be used by peer reviewers to contextualize your career and evaluate your application.

Yes

Number of Career Interruptions

One

Career Interruption 1

Please only enter the career interruptions that occurred after your first university or research appointment.

Career Interruption Start Date: 01/01/2021

Career Interruption End Date: 09/30/2021

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Interruption Duration in Months: 18

Career Interruption Description: Parental Leave

Research Program

Project Information

Keywords

Patient-Oriented Research, Pain Conditions - Chronic, Family Practice

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Theme

A clear link to human health must be evident from the research proposal. Health Research BC classifies health research according to Canadian Institutes for Health Research (CIHR)'s four health research themes. Applicants are expected to specify which of the four themes, in their opinion, best describes their research.

Biomedical research: Research with the goal of understanding normal and abnormal human functioning, at the molecular, cellular, organ system and whole body levels, including development of tools and techniques to be applied for this purpose; developing new therapies or devices that improve health or the quality of life of individuals, up to the point where they are tested on human subjects. Studies on human subjects that do not have a diagnostic or therapeutic orientation.

Clinical research: Research with the goal of improving the diagnosis, and treatment (including rehabilitation and palliation), of disease and injury; and improving the health and quality of life of individuals as they pass through normal life stages. Research on, or for the treatment of, patients.

Health services research: Research with the goal of improving the efficiency and effectiveness of health professionals and the health care system, through changes to practice and policy. Health services research is a multidisciplinary field of scientific investigation that studies how social factors, financing systems, organizational structures and processes, health technologies, and personal behaviours affect access to health care, the quality and cost of health care, and, ultimately, Canadians' health and well-being.

Population health research: Research with the goal of improving the health of the Canadian population, or of defined sub-populations, through a better understanding of the ways in which social, cultural, environmental, occupational and economic factors determine health status.

For Scholar and HP-I applications. Please complete this even if you will be requesting below to have your application reviewed by the Indigenous health research panel.

Clinical Research

Does your proposed research include a focus on Indigenous Health?

From the Canadian Institutes of Health Research's "Defining Indigenous Health Research", Indigenous health research can be defined by any field or discipline related to health and/or wellness that is conducted by, grounded in, or engaged with, First Nations, Inuit or Métis communities, societies or individuals and their wisdom, cultures, experiences or knowledge systems, as expressed in their dynamic forms, past and present. [Source: CIHR (https://cihr-irsc.gc.ca/e/50340.html) Accessed October 2024]

Yes

Are you interested in having your application reviewed by the Indigenous health research panel?

The Indigenous health research panel will review applications with a central focus on meaningful and culturally safe **Indigenous-led research**, possibly involving Indigenous Peoples. Indigenous Peoples includes First Nations, Métis, and Inuit communities, whether recognized as Treaty, Status, or Non-Status. This includes Indigenous people living on reserves and those living in urban and rural communities.

The Indigenous health research panel is composed of reviewers with living-experience, knowledge, and/or expertise in Indigenous health research. The Indigenous health research panel will review applications according to the Scholar and HP-I Evaluation Criteria including the specific Indigenous health research panel evaluation criteria.

Selecting **Yes** to this question will have your application placed in and reviewed by this panel.

Selecting **No** will place your application in the review panel corresponding to the **Theme** you identified above.

Yes

Title

Enter the title of your Research Program.

Character limit: 200 characters

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Lay Summary

The lay summary must be written in plain language that is suitable for a non-scientific audience. In the lay summary, please include:

- a description of the knowledge gap that is being addressed by the research
- a description of the research and KT activities
- anticipated outcomes
- potential impacts on practice, policy or future research

The lay summary may be used to identify appropriate peer reviewers for your application and will be used by staff to identify alignment with the interests of potential co-funding partners. If your application is successful, the lay summary will be posted on the Health Research BC website.

For guidance on writing plain language summaries:

- Health Research BC KT Encounters blog post from health literacy researcher Iva Cheung (click here)
- BC SUPPORT Unit plain language guide (click here)

Character limit: 1250 characters

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Scientific Summary

The scientific summary should be understandable by a multi-disciplinary group of scientific reviewers. In the scientific summary, please include:

- objectives/research questions

- a description of the research and KT activities

- anticipated outcomes

- potential impacts of this research on practice, policy and future research.

The Scientific Summary may be used to identify peer reviewers for your application.

Character limit: 1250 characters

Environment and Support

Research Location

Research Location

The Research Location is the location where the majority of the research will be conducted (e.g. a research centre, health authority, academic institution, etc.). This may be different from the Host Institution.

To select your Research Location(s) begin typing the institution name in the area below, then select the correct institution when it appears as an option. You may select multiple Research Locations if necessary.

Please click here to see the list of Organizations in Health Research BC ApplyNet.

If your research location is not listed, please contact Health Research BC Help Desk at helpdesk@healthresearchbc.ca.

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Dean and Department Head

Mitacs Accelerate Application

Are you interested in applying for Mitacs Accelerate funding for intern support?

If you answer "yes," you are providing consent to the Health Research BC to share your name, institutional affiliation and contact information will be shared with Mitacs so they are aware of your interest and connect with you to provide the correct Mitacs application form and to discuss your application.

Applicants interested in Mitacs funding must contact their Mitacs Business Development representative to learn more about the Mitacs Accelerate program and obtain instructions on including Mitacs Accelerate internships in their Health Research BC application. Application forms for Mitacs Accelerate funding can only be obtained through contact with Mitacs.

Note: Even if you answer "No" at this stage, you may still include an application for Mitacs funding at the full application stage, although the earlier you notify Mitacs of your interest, the more support Mitacs will be able to offer.

Yes

Name of Mitacs Business Development Associate (if known)

Please let us know the name of the Mitacs Business Development Associate that you are in contact with.

Character limit: 100 characters

   Funding Outcome:

Sample Research Program Upload

Sample Appendices Upload

Sample Letters of Collaboration Upload

Sample Consent Forms & Questionnaires Upload

Sample Most Significant Contributions Upload

Sample Publication List Upload

Sample Mitacs Accelerate Upload

Applicant: April Tester
Application ID: HPI-2025-04619
Form: Department Head
Competition: 2025 Health
Professional-Investigator
Competition
Date Submitted:2024-10-24 19:49:03

Third Party Name: Val Tester

Date Submitted: 10/24/2024 04:49 PM

Applicant: April Tester

Application ID: HPI-2025-04619

Project Title: Character limit: 200 characters

Confirmation of Appointment

Does the applicant have a current faculty appointment at your institution, or if successful in receiving this Health Research BC Health Professional-Investigator award, will they have a faculty appointment in place by July 1, 2024?

Yes

Confirmation of Protected Research Time

Does the applicant currently have at least 50% (equivalent to a minimum of 20 hours per week) protected time for research activities?

Yes

Type of Appointment

Select the type of appointment the applicant will hold as of the start date (July 1, 2024).

Clinical Assistant Professor

Salary Support

Does the applicant currently have (or at the time of the award start date, will the applicant have) salary support, in addition to the HP-I award?

Yes

Use of Health Research BC Funds

In discussion with the applicant, please provide a brief explanation of how the funds from Health Research BC will be utilized. If Health Research BC funds are to be used for the applicant's salary, please provide a description of how the freed-up funds from their institutional salary line will be used to support the applicant's research program and the impact this will have on their research and career.

Character limit: 2500 characters

Applicant: April Tester
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Form: Department Head
Competition: 2025 Health
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Competition
Date Submitted:2024-10-24 19:49:03

Support for the Applicant post-Health Research BC Funding

Please describe the department's plan for the applicant's salary support and further development beyond the term of the award.

Character limit: 2500 characters

Institutional Support to the Applicant

Please describe additional resources available to the applicant (e.g. salary, infrastructure, administrative support, human resources) throughout the duration of the award, not including funds from the Health Research BC award. Where applicable, please comment on any concrete practices or resources in place to foster and support an accessible, diverse and inclusive environment.

Character limit: 2500 characters

Mentorship Plan for the Applicant

Please describe the mentorship plan for the applicant (i.e., what mentorship will the applicant receive during the course of the award to enhance their research skills, and advance their career?). Where applicable, please comment on any concrete practices or resources in place to foster and support diversity and equity in mentoring and professional development.

Character limit: 2500 characters

Third Party Name:	Kate Tester
Date Submitted:	10/24/2024 04:46 PM
Applicant:	April Tester
Application ID:	HPI-2025-04619
Project Title:	Character limit: 200 characters

Confirmation of Appointment

Does the applicant have a current faculty appointment at your institution, or if successful in receiving this Health Research BC Health Professional-Investigator award, will they have a faculty appointment in place by July 1, 2024?

Yes

Confirmation of Resources

Do you confirm that the department/institutional resources and ongoing support will be made available to the applicant as outlined in the Department Head form?

OR

Do you confirm that the departmental/institutional resources, ongoing support, and required protected time for research* will be made available to the applicant as outlined in the Department Head form?

Scholars require 75% (30 hours per week) protected research time; HP-Is require 50% (20 hours per week) protected research time.

Yes

If you selected "no" to either of the questions above, please provide a brief explanation.
Character limit: 2500 characters